

SUMMER 1 SPORTS ROUNDUP



WELL DONE!

Bristol Together Championships

The Bristol Together Championships are all about football with purpose, using the power of the beautiful game to bring young people together, helping them to embrace differences, explore their own talents and gifts, build new friendships, and most importantly, have fun through football.

We were so excited to be invited to be part of this event and have enjoyed being part of a community that celebrates teamwork, friendship, and connection both on and off the pitch. The five year 5 children who have participated had four sessions, two home and two away, with our partner school Glenfrorne Primary School in Bristol. The program ends with the Bristol Together Purposeful Playoffs this term.

Well done to the children who participated and a huge thank you to Mr Craig for coaching them. Here is some fantastic feedback I have received from the lead organiser of the program:

'I just wanted to send a quick note to say what a fantastic group of children you've chosen. They fully embraced today's session and blended in so well with the Glenfrorne children. It was lovely to see how much fun they all had, and their negotiating skills are really impressive! Mr Craig and your pupils represented your school beautifully, which was wonderful to see.'

'Yesterday was the final session with your pupils before the festival in June, and I just wanted to say what a pleasure it has been working with them. Matt has also added real value to the sessions and has embraced the programme just as much as the children have. Your pupils have brought fantastic energy every week and have really enjoyed playing football alongside the other school. Everyone has made us feel extremely welcome, so thank you for all your support throughout.'

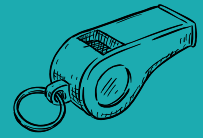
SOME UPCOMING EVENTS...

- Friday 5th June - Term 5 Whole School Run
- Wednesday 10th June - Bristol Together Playoffs
- Monday 29th June - Sports Day @ St. Johns
- Tuesday 30th June - Y5 Boys Basketball Tournament
- Tuesday 7th July - Y6 Boys Basketball Tournament
- Tuesday 14th July - Y5/6 Girls Basketball Tournament
- Friday 17th July - Term 6 Whole School Run

SPORTS UNIFORM

Please could all school football and sports kits be returned as soon as possible?! We have a lot of events coming up this term we need them for and it would be great to have them all ready for September!

INTERVIEW WITH MR CRAIG...

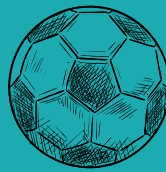


What made you want to become a football coach?

My daughter and sons all started playing team sports at a similar time. I could see what a positive influence it had on them - being part of a team, overcoming anxiety to try something new etc and it made me want to get involved. There's often opportunities for parents to help with coaching and I was asked to help occasionally with my daughter's rugby coaching. I then got approached by my son's team to coach at Fry's. They're a big local club with a lot of St Keyna pupils past and present playing for them.

Which football team do you support and why?

Bristol City - I got taken down by my uncles in the 90s and have been a fan since.



What's your favourite thing about coaching football at our school?

I like the fact that we have a wide range of year groups playing together in mixed groups of both girls and boys. Our older pupils are often really considerate and encouraging with younger players. It's great to see!

What skills do you think are most important for children learning football?

Patience is really important and knowing it's okay to not feel confident at first as everyone's learning. I think children need to learn a variety of coordination skills including catching and throwing as well as the usual footwork and technique. It's more important to move confidently in a variety of ways when you're young. I think running, dancing, climbing and skipping can help just as much as practicing football.

If you could give a message to all of our young athletes, what would it be?

Just because you may not currently play a particular sport or have tried it and didn't enjoy it, don't write it off. There are many ways to enjoy sports at many different levels. There's also lots of different sports and clubs to try and if one isn't for you give something else a go.

What's been your proudest coaching moment at St Keyna?

It's been great being part of the Bristol together football initiative with some of our year 5s. They've been training alongside a Bristol school and will showcase their skills as a combined team in a few weeks. They're building friendships and developing as a team and it's been great to see.

Did you play football when you were younger? What was your favourite position?

I only played football with friends growing up and casually played a bit of five a side. I was a rugby player at school and played as a centre for few local clubs.

What are your favourite three sports outside of football?

Basketball, tennis and climbing.

Who is your favourite football player of all time?

I loved watching the original Ronaldo play for Brazil. I also think James Milner is a legend for his incredible longevity and consistency.

What advice would you give to pupils who want to improve their football skills?

Start with the basic foundations, simple dribbling and passing. I'd be happy to show anyone some of these if they catch me at a break time. Try and practice these little and often. I think 5-10 minutes a day is better than one longer session.

What do you enjoy most about working with our teams in competitions?

I think competitions can help children in all sorts of ways; coping with pressure, learning to be gracious in defeat (as well as in victory), dealing with ups and downs and mostly learning to be part of a team and all the great things you can learn from that.

